

## Pilates - Sam Schoeneman, PT

Last Updated Thursday, 29 March 2007

Sam Schoeneman is with me today to discuss the role of Pilates exercise programs in the treatment of spine conditions. Sam is a physical therapist and also a certified Pilates instructor.

Sam Schoeneman, PT

Download [11\\_17\\_06\\_Schoeneman\\_Pilates.mp3](#)

Download

Sam Schoeneman is with me today to discuss the role of Pilates exercise programs in the treatment of spine conditions. Sam is a physical therapist and also a certified Pilates instructor.

Sam Schoeneman, PT

Download [11\\_17\\_06\\_Schoeneman\\_Pilates.mp3](#)

Download

Read article: <http://www.sechrest.com/?p=28>.