

Cervical Discectomy with Anterior Fusion

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Spine Surgery: Millions of people suffer from pain in their necks or arms. A common cause of cervical pain is a rupture or herniation of one or more of the cervical discs. This happens when the annulus of the disc tears and the soft nucleus squeezes out. As a result, pressure is placed on the nerve root or the spinal cord and causes pain in the neck, shoulders, arms and sometimes the hands. Cervical disc herniations can occur as a result of aging, wear and tear, or sudden stress like from an accident. An anterior cervical discectomy is the most common surgical procedure to treat damaged cervical discs. Its goal is to relieve pressure on the nerve roots or on the spinal cord by removing the ruptured disc. Watch neurosurgeons at St. Luke's Medical Center in Milwaukee perform this surgery live at 12:00 Noon C.S.T.

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