

# The Epidemiology of Major Joint Contractures: A Systematic Review of the Literature

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## Clinical Orthopedics and Related Research

Fergusson, Dean MHA, PhD, et al. - There was a high prevalence of major joint contractures. Most studies focused on one joint rather than including all relevant major contractures. However, most studies did provide a definition of a contracture or the measures used to assess contractures. Immobility is a highly prevalent disability in at-risk populations, and constitutes a tremendous burden to patients in nursing homes, hospitals, and the outpatient community. The lack of epidemiologic data is a major impediment to providing appropriate treatment

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