

The Subscapularis Footprint: An Anatomic Description of Its Insertion Site

Last Updated Wednesday, 28 March 2007

Arthroscopy

David P. Richards M.D., F.R.C.S.(C), et al. - Conclusions: The subscapularis insertion footprint has a broad and wide superior attachment that narrows distally to form a trapezoidal shape. We found the mean length of the footprint to be 2.5 cm. The mean superior width of the footprint was 1.8 cm, which was maintained for the upper 60% of the tendon insertion, at which point the footprint began to rapidly narrow to a minimum width of 0.3 cm at its most inferior aspect

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